



### PRODUCT INFORMATION

#### Description

NutriSolve Fiber is a nutritionally complete, powder based, nutritional supplement (1.0 kcal/ml) with fiber. It is a Food for Special Medical Purposes and must be used under medical supervision.

#### Indication

Typically, oral nutritional supplements are used when the habitual diet is not meeting nutrient requirements or for management of specific nutrient needs resulting from a particular injury, illness, or disease condition<sup>1</sup>.

Healthcare professionals should consider NutriSolve Energy to improve nutritional intake for people who can swallow safely and are malnourished or at risk of malnutrition<sup>2</sup>. NutriSolve

Fiber can be used as tube feed for all patients with a functional or partially functional gastrointestinal tract who are unable to meet the nutritional requirements with oral nutrition (alone). Patient groups benefitting from NutriSolve Fiber include among others cancer, COPD, neurology, Inflammatory Bowel Disease, surgical patients (e.g. gastro-intestinal, maxillo-facial, orthopedic), liver disease, burns<sup>3, 4</sup>.

#### Key features and benefits

- / Nutritionally complete (1,0 kcal/ml)
- / Excellent source of essential vitamins, minerals and trace elements
- / Contains dietary fibers
- / 24 Month shelf life

#### Contraindications

Unsuitable for children < 3 years of age, for patients with galactosaemia and/or requiring a fiber free diet. Not for parenteral use.

#### Dosage

As a supplement use 1- 3 servings per day. As tube feed as instructed by the health care provider.

#### Directions for use

- / Store at room temperature
- / Detailed instructions, see label on tin
- / Once opened, cover, store in refrigerator and use within 24 hours
- / Best when served chilled (supplement) / room temperature (tube feed)

#### Packaging

Metal tins of 400 and 900 gram.

#### References

- 1 Silver, H.J. Oral strategies to supplement older adults' dietary intakes: comparing the evidence. Nutrition Reviews 2009; 67: 21-31
- 2 NICE Clinical Guidelines, No. 32. National Collaborating Centre for Acute Care, February 2006. Nutrition support for adults: Oral nutrition support, enteral tube feeding and parenteral nutrition. National Collaborating Centre for Acute Care, London
- 3 Stratton et al., 2003, Neelemaat et al., NICE, 2006; Botella-Carretero et al., 2010
- 4 Pearce and Duncan, 2002

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### NUTRITIONAL ANALYSIS\*

Nutrient	Unit	Per 100 ml**
<b>Energy</b>	Kcal	100
	kJ	420
<b>Fats</b>	g	3,4
	en%	30
saturated fatty acids	g	1,1
monounsaturated fatty acids	g	1,3
polyunsaturated fatty acids	g	0,92
<b>Carbohydrates</b>	g	13
	en%	55
mono/disaccharides	g	6,5
<b>Salt</b>	g	0,20
<b>Fibers</b>	g	0,8
	en%	1,6
<b>Protein</b>	g	3,6
	en%	14
<b>Minerals</b>		
Sodium	mg	78
Potassium	mg	150
Chloride	mg	134
Calcium	mg	63
Phosphorus	mg	40
Magnesium	mg	20
<b>Trace elements</b>		
Iron	mg	0,99
Zinc	mg	1,2
Copper	µg	116
Manganese	mg	0,27
Fluoride	µg	4,5***
Selenium	µg	4,3
Chromium	µg	4,5
Molybdenum	µg	9,0
Iodide	µg	9,0
<b>Vitamins</b>		
Vitamin A	µg	78
Vitamin D	µg	1,0
Vitamin E	mg	1,6
Vitamin K	µg	4,0
Vitamin C	mg	7,9
Vitamin B1	mg	0,16
Vitamin B2	mg	0,18
Niacin	mg	1,6
Vitamin B6	mg	0,22
Folic acid	µg	22
Vitamin B12	µg	0,27
Biotin	µg	2,2
Pantothenic acid	mg	0,78
<b>Other</b>		
Choline	mg	30
<b>Osmolarity</b>	mOsm/l	480

\* Average analysis for Vanilla flavour

\*\* Prepared product (22,4 gram powder + 87 ml water)

--- Fluoride isn't added, it comes from natural content of raw materials only