



PRODUCT INFORMATION

Description

NutriGain Energy is a nutritionally complete, high energy (1.5 kcal/ml) sip feed. It is a Food for Special Medical Purposes and must be used under medical supervision.

Indication

For the dietary management of patients at risk of or with malnutrition, requiring high energy sip feed e.g.: unintended weight loss, disease related malnutrition, poor appetite, cancer, pre- and post operative, neurological disease, chronic lung disease, gastrointestinal- and liver disease. Oral nutritional supplements have been shown to improve energy- and nutrient intake, body weight, functional- and clinical outcome and to reduce costs¹. From a taste preference study, it appeared that overall pleasantness for milk-based oral nutritional supplements is significantly better than for fruit-juice typed supplements².

Key features and benefits

- / Nutritionally complete (1,5 kcal/ml)
- / Excellent source of essential vitamins, minerals and trace elements
- / Natural flavours and colourings only
- / Four delicious flavours: Vanilla, Strawberry, Chocolate and Banana
- / Exceptional shelf life of 18 months

Contraindications

Unsuitable for children < 3 years of age and for patients with galactosaemia. NutriGain Energy Chocolate is unsuitable for patients requiring a strict fiber free diet.

Dosage

As a supplement use 1- 3 bottles per day. As the sole source of nutrition, according to the recommendation of health care professionals.

Directions for use

- / Store at room temperature
- / Shake well before use
- / Once opened, cover, store in refrigerator and use within 24 hours
- / If poured into a bowl or cup, the sip feed can be heated in a microwave. Do not cook (vitamins will be lost)

Packaging

NutriGain Energy is available in a 200 ml or 8 fl oz HDPE bottle.

NUTRITIONAL ANALYSIS*

Nutrient	Unit	Per 100 ml
Energy	Kcal	150
	kJ	630
Fats	g	6,0
	en%	36
saturated fatty acids	g	0,58
monounsaturated fatty acids	g	3,0
polyunsaturated fatty acids	g	2,4
Carbohydrates	g	18
	en%	48
mono/disaccharides	g	6,8
Salt	g	0,20
Fibers	g	-**
	en%	-**
Protein	g	6,0
	en%	16
Minerals		
Sodium	mg	80
Potassium	mg	150
Chloride	mg	95
Calcium	mg	90
Phosphorus	mg	90
Magnesium	mg	25
Trace elements		
Iron	mg	2,5
Zinc	mg	1,8
Copper	µg	270
Manganese	mg	0,50
Fluoride	mg	-
Selenium	µg	8,5
Chromium	µg	10
Molybdenum	µg	15
Iodide	µg	20
Vitamins		
Vitamin A	µg	125
Vitamin D	µg	1,4
Vitamin E	mg	2,0
Vitamin K	µg	8,0
Vitamin C	mg	15
Vitamin B1	mg	0,25
Vitamin B2	mg	0,25
Niacin	mg	3,5
Vitamin B6	mg	0,25
Folic acid	µg	40
Vitamin B12	µg	0,50
Biotin	µg	5,0
Pantothenic acid	mg	0,80
Other		
Choline	mg	-
Osmolarity	mOsm/l	420

* Average analysis for Vanilla flavour

** Chocolate flavour contains 0,5g dietary fiber per 100 ml

References

- 1 Stratton, R., Green C., Elia M. Disease-related malnutrition: an evidence-based approach to treatment. Wallingford: CABI Publishing, 2003.
- 2 Darmon, P., Karsegard, V., Nardo, P., et al. Oral nutritional supplements and taste preferences: 545 days of clinical testing in malnourished in-patients. Clinical Nutrition 2008; 27: 660-665